

# Welcome to our University!



I hope you will enjoy your stay at the University of Foggia, one of the youngest and most dynamic universities in Italy, situated in the region of Apulia which boasts a rich cultural heritage, places\_of outstanding natural beauty and, above all, the hospitality of its warm-hearted people.

Prof. Maurizio Ricci, Rector

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**Rector Message** 



the University

## Why choose the

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#### University of Foggia

s a student at the University of Foggia, you can make the most of what we have to offer:

• a recently founded university with a strongly motivated academic and administrative staff new, modern equipment, especially in the

agro-food sector, in the medical and biology labs, and in the cultural heritage sector

- strong socio-economic links with the surrounding area
- academic excellence in many fields of research
- Interdisciplinary research and international recognition
- efficient administration and less bureaucracy

#### Our strong point

In 2013 the University of Foggia came top for the quality of its research among the universities in the Apulia Region in the National Evaluation List (VQR 2004-2010) published by ANVUR (Italian National Agency for the Evaluation of the University System and Research).

The University of Foggia also performed extremely well on a national level coming 12th, ahead of many wellestablished and better-known



Evaluation of Research Quality





he "HR Strategy for Researchers" supports research institutions and funding organizations in the implementation of the Charter & Code in their policies and practices. The tangible implementation of the Charter & Code on behalf of research institutions will make them more attractive to researchers looking for a new employer or for a host organization for their research project. Funding organizations implementing the Charter & Code principles will contribute to the attractiveness of their national research systems and to the attractiveness of the European Research Area in general. The "HR Excellence in Research" logo identifies institutions and organizations as providers and supporters of a stimulating and favourable working environment.

On 10 March 2010 the EU acknowledged that the University of Foggia was fully qualified to use the HR logo.

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# HR EXCELLENCE IN RESEARCH





Living and study in Foggia

he University of Foggia is a young and modern institution situated in southern Italy. Because it is relatively small it offers a tailor-made welcome to all its students, guiding them step by

step in the courses they have chosen.

The city of Foggia has kept its 'human' dimension, partly because of its size but also in terms of the cost of living. The area surrounding Foggia is rich in places of natural beauty and historical interest.

### **Travel Information**

If you land at Bari Palese (Bari airport), you can take a bus directly from the airport which will take you to Foggia central station.

If you plan to arrive in Rome by plane, either at Fiumicino (also called Leonardo da Vinci), or at Ciampino, you should take a shuttle bus/train from the airport to Roma Termini (Rome's main railway station) and then catch a train to Foggia. It usually takes 3 and a half hours to get to Foggia. For additional information, check the following links:

- www.aeroportidipuglia.it •
- http://pugliairbus.aeroportidipuglia.it/ e,
- www.trenitalia.com •
- Clpbus.it



#### Accomodation

Lots of helpful advice and important information on where to stay in Foggia can be found by sending an e-mail to:

accomodationesnasefoggia@gmail.com or visiting this FB page: www.facebook.com/ESNFOGGIA

### Meals

There are two university canteens/cafeterias. One is located in via Galliani no. 4 (347 5314012); the other is in Via Napoli no.107 (0881 745079), not far from our Department of Agriculture. You can find reasonably priced lunches and have a wonderful pizza!

A meal card can be bought at A.DI.S.U. (Address: Via Trieste no. 14, 71121 Foggia; WEB: http://web.adisupuglia.it

Accommodation in shared apartments	€ 180-200 per month
Regional hall of residence	€ 120 per month
Bills (electricity/ heating/water)	€ 20-30 per month
Food	About € 10 per day
Socializing	Up to you!

## Cost of living

Foggia is one of the cheapest cities in southern

Italy.

For your stay you will need approximately  $\in$  500/600 per month to cover the costs listed here, but remember that this is only a guide!



#### Internet access & computers

As a student, you can get Internet access and an email address.

For more information, please apply to our Erasmus Office (<u>erasmus@unifg.it</u>).

The University of Foggia has activated 25 wireless access points at the different departments and administrative offices. These facilities are free for students.

#### Public transport

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ATAF, the public transport authority in Foggia, offers an extensive public transport network of buses. You will find detailed information on connections, prices, timetables, route planning on the ATAF website (http://www.ataf.fg.it/). Students at Unifg can apply for a discount monthly pass. You will need:

- a certificate issued by our Erasmus Office, proving your stay at UNIFG

- a passport photo
- an identity document

# Activities and services for students with

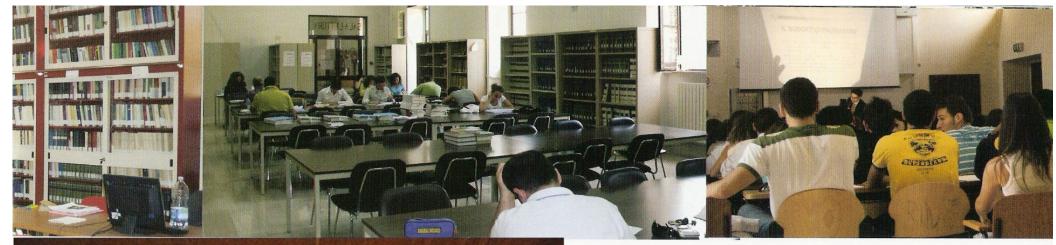
### disabilities

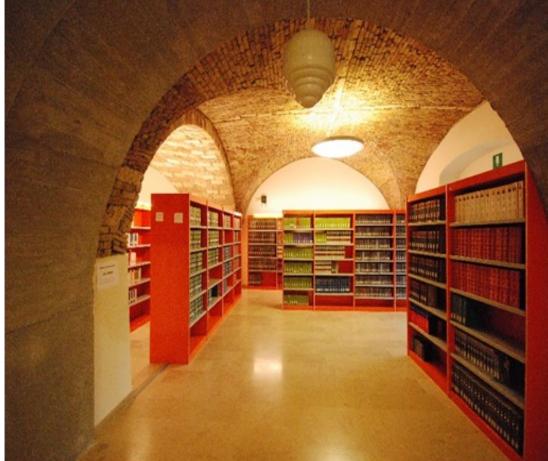
The University of Foggia is committed to supporting students with disabilities, and in making their university life rich in terms of learning, cultural and social opportunities. The University strives to ensure that there is no discrimination with regard to disability through the improvement of services and the removal of physical and architectural barriers.

**Contacts:** 

## Service for Students with Disabilities

Address: via A. Gramsci, 89/91 - Foggia Phone number: (+39) 0881-338336; (+39) 0881-338362; (+39) 0881-338365 Fax: (+39) 0881-338381 Email: serviziodisabilita@unifg.it





## UNIVERSITY LIBRARIES

There are five libraries at the University of Foggia, located in the Departments of Agriculture, Medicine and Surgery, Law and Economics (interfaculty), Humanities and Education. There is also a library service provided at the separate location of the Degree Course in Sports Science.

There are about 84,000 volumes in the libraries, 50,000 of which can be found in the university's online catalogue (http://biblioteca.unifg.it/ SebinaOpac/Opac), 11 data bases, 5175 e-journals and 580 Journals Subscriptions. The University of Foggia has also recently joined the National Library Service.

#### Contacts

University Library Coordination Service Address: via A. Gramsci, 89/91 Foggia Phone number: (+39) 0881-338310; (+39) 0881-725165 Fax: (+39) 0881-709261 Email: biblio@unifg.it Website: http://www.unifg.it/biblioteche/default.asp

On line catalogue: http://opac.bibliotecaprovinciale.foggia.it/SebinaOpac/Opac?sysb=UNIF



# Useful information about Italy and Foggia

Electricity Main electricity in Italy is 220 volts and 50 cycles (Hz).

**Opening hours** Most shops are open from Monday to Saturday 9 a.m.-1 p.m. and 4.30 p.m. - 8 p.m. They are closed on Sundays except during Christmas time. Shopping malls or large department stores are usually open all day from 9 a.m. to 9 p.m.

**Post offices** They can be easily recognized by their yellow and blue PT (Postal and Telecommunications Service) sign. For mailing information go to <u>www.posteitaliane.it</u>

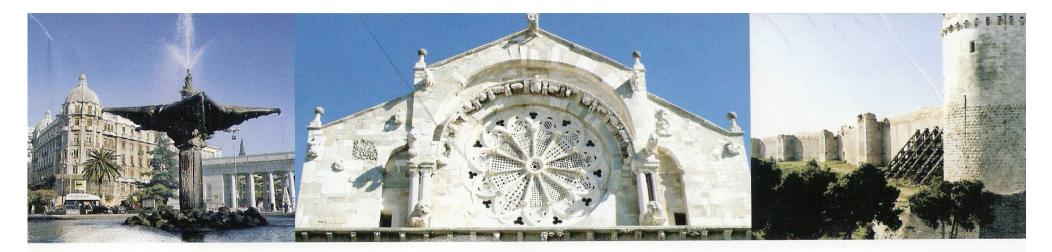
**Telephone** The most convenient way to keep in touch with your friends and family is by mobile phone. You can buy a GSM phone at home and get an Italian Sim card at any of the mobile phone providers such as Tim, Vodafone, Wind, Tre, etc. The international code to call Italy from abroad is 0039.

**Money** Italy's currency is the Euro: you can get the best rate of exchange (*cambio*) at a bank. Bank opening hours: from Monday to Friday 8,35 a.m. -1.35 p.m., and 2.45 p.m. -4.15 p.m. They are closed at weekends and public holidays.

Credit cards In Italy, major credit cards are widely accepted. Most shops and restaurants require an identity card when paying by credit card.

**Time and dates** Italy is on Central European Time (CET), i.e. one hour ahead of Greenwich Mean Time. Dates are usually written day/month/ year.

Smoking Smoking is not allowed in public places such as restaurants, bank offices, shops or any other public building.



# Useful contact numbers

- State Police: 113
- Emergencies: 112
- Fire Workers: 115
- Road Assistance: 116
- 'Riuniti' Hospital: Tel +39 0881.743.411 0881.749.495 (Address: Via Luigi Pinto no.1)
- 'Riuniti Hospital'- First Aid Assistance: Tel.+39 0881.732.030
- Local Police Station: Tel +39 0881.331.511
- Central Post-Office: Tel +39 0881 563 790 (Address: Viale XXIV Maggio no. 26)
- State Railways: Tel +39 892.021
- Gargano local railways: Tel +39 0881.725.188
- Taxi Station: Tel + 39 0881.721.600 (Address: Piazza Vittorio Veneto).





# FREE TIME, SHOPS AND SPORTS ACTIVITIES

The city of Foggia has a number of cinemas and theatres; you can also spend your spare time walking or jogging at the 'Parco San Felice', a green 'oasis' in the city. It's very relaxing: you can have a coke or a fruit juice while studying or chatting under a tree!





The famous Piazzetta is crowded with young people at week-ends. The 'Piazzetta' is located in the old part of Foggia and has numerous pubs and

bars. So the 'Piazzetta' is one of the easiest ways of making new friends! If you like music and dancing Foggia offers several dancing schools. You can have fun and even become an expert dancer! Also, there is a wide choice of fitness centres...

physical exercise and training can be a good answer to stress and studying!



## Univeristy of Foggia



Università di Foggia









## FREE TIME, SHOPS AND SPORTS ACTIVITIES

There are many shops in the city of Foggia; in your spare time you can enjoy shopping in our lively streets! Living in Foggia is not really expensive. But if you want to save money, we suggest you buy in large stores or supermarkets. Supermarkets are closed on Thursday afternoon.

Italians are very fond of soccer, and the people from Foggia are no exception! Our Stadium is dedicated to Pino Zaccheria, a locally-born basketball hero killed during the 2nd World War.

If you are interested in walking, bird-watching, nature photography, or if you wish to attend a course on climbing, CAI (Club Alpino Italiano) is exactly what you need! The local CAI branch in Foggia offers students special discounts on all activities. (0881.687975; segreteria@caifoggia.it; caifoggia@pec.it)

Make sure you use your free time in the best possible way!







# FREE TIME, SHOPS AND SPORTS ACTIVITIES

Our University has a University Sports Centre (CUS) which has agreements with the main local gymnasiums and swimming pools. Our 'CUS' organizes courses and events including a variety of sports activities including soccer, volleyball, basketball, body-building. For further information contact :

CUS Office, University of Foggia, Via Napoli 109, Foggia CUS web page: www.cus.unifg.it





## Foggia and its lovely surrounding area

Foggia is one of the six Provinces of the Apulia Region. This Province is also known as Capitanata because during Middle Ages it was governed by a Capatano (old Italian for Captain). Foggia is the native city of the famous opera composer Umberto Giordano.

#### Foggia's main sights:

The Cathedral of Santa Maria de Fovea, directly linked with the Patron Saint 'Madonna dei Sette Veli'

Palazzo Dogana, the historical building where customs duties were paid on sheep

Chiesa delle Croci ("Church of the Crosses"), The Three Arches, Arco di Federico II ("Arch of Frederick II") Not far from Foggia there are the archaeological sites of Passo di Corvo, Arpi Nova, Faragola, Herdonia, Lucera, Grotta Paglicci, etc.





#### Foggia and its lovely surrounding area. The Gargano Peninsula

This is the mountainous area of Apulia, forming the backbone of the "Promontorio del Gargano" facing the Adriatic Sea. Most of the hilly area is now a National Park, Parco Nazionale del Gargano, which opened in 1995. It is part of the Province of Foggia. Monte Gargano is the site of the oldest shrine in Western Europe dedicated to the Archangel Michael, Monte Sant'Angelo. The Gargano is a Peninsula that is partly mountainous and partly covered by the remains of an ancient forest, the Foresta Umbra. In the north of the Gargano there are two salt lakes Lesina and Varano. Lesina, on the shores of lake Lesina, is a maritime village known for the production of (female) eels. The site, peopled since the Neolithic era, is fascinating: a narrow strip of land covered with sandy dunes and woodland, separating the lake from the sea, which seeps into its waters through three canals. For more information:

## http://www.parcogargano.gov.it/

## http://www.ferroviedelgargano.com/





#### Foresta Umbra

The Foresta Umbra stretches right across the centre of the Gargano massif: 11,000 hectares of pine, oak and beech trees, hosting a rich variety of wildlife. If you are interested in mushrooms, you will be pleased to know that several varieties of mushrooms grow in this area! The Foresta Umbra is quite a long way from Foggia but can be reached by car or train. For more information:

http://www3.corpoforestale.it

#### Trabucchi

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So-called trabucchi, huge wooden structures, bea witness to the ancient Gargano sea-faring tradition and the intelligence of the fishermen of the time. These ancient structures are still working today, and are characterized by a system of stakes driven into the rock and ropes supporting a large fishing net which is lowered into the water. The trabucchi testify to man's efforts to guarantee conditions of safe fishing which can withstand the adverse weather conditions at sea.

Every year, in June, a day is devoted to the celebration of Trabucchi.

### The Tremiti Islands

The islands that form the Tremiti Islands are: San Domino, San Nicola, Caprara. The Tremiti Islands, a wonderful paradise: some say they are a mixture of mythical beauty. The Islands are also called the Diomedee, because the legendary hero Diomedes landed there after the Trojan war. The Islands are 135 km from Foggia and 87 km from Manfredonia. You cannot fail to be struck by its crystal-clear water, its beaches, vegetation and prehistoric graves. The sea has created unusual caves such as the Grotta delle Viole and the Grotta delle Murene. It is a scuba diver's paradise, and beneath the water you can see not only outstanding natural seascapes but even a statue of San Padre Pio between the islands of San Nicola and San Domino. The monastery on San Nicola was founded in the 8th century and belonged to the Benedictine monks of Monte Cassino abbey. San Domino, the largest island, is said to take its name from a small church t hat was once there. Because of the island's beauty the church was called "Orto del Paradiso" (Garden of Heaven).



# THE HIGHER EDUCATION SYSTEM IN ITALY

Higher Education in Italy is based on a system in which universities are expected to fulfil the dual tasks of teaching and research. Academic autonomy and freedom are not only an inherent part of this approach but they are also guaranteed by law. The organization of academic degrees is as follows:

- The first cycle (Laurea) lasts three years for a total of 180 credits. It is equivalent to a Bachelor of Science/Arts Degree (UK);
- The second cycle (Laurea Specialistica/Laurea Magistrale), coming after the completion of the first cycle, lasts two years for a total of 120 credits. It is equivalent to a Master of Science/Arts Degree (UK);
- The third cycle (Doctorate) lasts three years for a total of 180 credits. It is the equivalent of a PhD.

After completing the first cycle, the Italian system may also provide a one-year course (minimum of 60 credits) leading to a 1st level 'Specializing Master'.

After completing the second cycle, the Italian system may also provide a one-year course (minimum of 60 credits) leading to a 2nd level 'Specializing Master'.

The ECTS credit system has been conceived to make studies more oriented towards student needs, reducing the gap between the official and real length of courses as well as lowering the drop-out rate.

### Grading Scale

In Italy university examination marks are expressed out of thirty: the pass mark is 18/30 and the highest mark is 30/30 cum laude:

- from 30/30 to 30/30 cum laude (with honour): EXCELLENT;
- from 27/30 to 29/30: VERY GOOD;
- from 24/30 to 26/30: GOOD;
- from 18/30 to 23/30: SATISFACTORY.



# Academic Timetable

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Academic courses usually last from the third week of September to the second week of December and then from early March to the end of May of each year. There are no lessons during the month of August or on public holidays. Classes are generally held from Monday to Friday.

**Public Holidays**: 1 November, 8 December, Christmas and Easter holidays, 25 April, 1 May, 2 June. Courses are on a semester basis.

# University Language Centre (CLA)

**The University Language Centre** organizes two free Italian language courses for International Students. Courses usually start in October and February of every academic year. For any additional information (also on English, French, German and Spanish Courses) please contact CLA <u>cla@unifg.it</u> - Tel: 0881 338370 - Fax: 0881 338385)

# DIVISION FOR INTERNATIONAL RELATIONS

Valeria Puccini (Head of Division) - <u>relint@unifg.it</u> Maria Ciavarella - International projects - <u>relint@unifg.it</u> Giulio Esposito - Erasmus Office - <u>erasmus@unifg.it</u> Laura Formato - Erasmus Office - <u>erasmus@unifg.it</u> Opening hours: from Monday to Friday 10.00-12.00; Tuesday and Thursday 15.30-17.30



# **RELINT DELEGATES**

Rector's Delegate: prof. Claudia Piccoli claudia.piccoli@unifg.it Rector's Delegate: prof. Chiara Porro chiara.porro@unifg.it Department of Agriculture: prof. Antonio Stasi antonio.stasi@unifg.it Department of Economics: prof. Edgardo Sica edgardo.sica@unifg.it **Department of Law:** prof. Domenico Viti domenico.viti@unifg.it

**Department of Humanities**: prof. Tiziana Ingravallo <u>tiziana.ingravallo@unifg.it</u>

**Department of Medicine**: prof. Elisiana Carpagnano giovannaelisiana.carpagnano@unifg.it





# **RELINT ACTIVITIES**

Since 2001 the Division for International Relations has been engaged in promoting, fostering and strengthening the internationalization of the University of Foggia's academic relations, in order to increase its attractiveness at a European and international level. Many cooperation agreements have been signed (more than 500); the mobility, both incoming and outgoing, of students (PhD students, graduates and undergraduates), teachers and administrative staff has increased markedly in recent years.

The University of Foggia coordinates a number of LLP projects such as: the Consortia Erasmus Placement and Leonardo da Vinci PLM, in partnership with the neighbouring Universities located in Apulia, Basilicata and Molise.

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# RELINT ACTIVITIES

To facilitate integration and socialization of incoming Erasmus students, every year the Division for International Relations organizes, in collaboration with student associations and local authorities, numerous events such as Welcome Days, parties, concerts and excursions to the most beautiful and important sites of the city and the region. Erasmus students are provided with the opportunity to get to know and appreciate our traditions and our territory.

We are also on Facebook:

https://www.facebook.com/erasmusoffice.unifg

# EUROPEAN STUDENTS' FORUM (AEGEE)

AEGEE is the "Forum of European Students", a student organization that promotes cooperation, communication and integration among European universities. It is a non-governmental, politically independent and non-profit organization, open to students and young workers of any faculty and discipline. On Facebook:

https://www.facebook.com/AegeeFoggia?fref=ts



# ERASMUS STUDENT NETWORK (ESN)

ESN Italy stands for Erasmus Student Network Italy, the Italian Section of the ESN network, a European association of university students whose purpose is to promote and support international exchanges among students, through the principle of "Students Helping Students". On Facebook:

https://www.facebook.com/ESNFOGGIA?fref=ts



INTERNATIONAL EXCHANGE ERASMUS STUDENT NETWORK

## 2013: the 3,000,000th Erasmus Student from FYROM to Foggia!



Leutrim Mehmedi, 22, from South East European University, FYROM (Republic of Macedonia), did an Erasmus at our University, where he studied Economics for 5 months.

"I went on Érasmus for professional development and to broaden my horizons on European thought, mentality and well-being. It surpassed my expectations. The ESN body in the University of Foggia could not do enough to make us feel at home at the university...

I have engaged in Social Erasmus throughout my stay in Italy, particularly when I wanted to understand the true spirit of Italian hospitality. I love the way they want to be hospitable to everyone!

All in all, I experienced the world through my stay and it will be remembered as the time when I got rid of my stereotypes and prejudices about other nations."

